



4639 Baywind Dr.
Sacramento, CA 95838
(916) 922-3572
NatomasHA@gmail.com

07/26/2021

NHA Covid 19 Mitigation Policy

Natomas Homeschool Alliance will follow Sacramento County Public Health Orders and guidance from the California Department of Public Health that pertains to entities in our business category. Because these orders change frequently, it is impossible to say with certainty what the guidance will require throughout our upcoming school year.

We expect to start the year with these protocols in place:

Masks

- a. Masks are optional outdoors
- b. Masks are required indoors, with exemptions per CDPH face mask guidance. Adults will be required to mask when sharing indoor spaces with students.
- c. NHA will have an extra supply of masks on hand for anyone who may need one.
- d. In limited situations where a face covering cannot be used for pedagogical or developmental reasons, (e.g., communicating or assisting young children or those with special needs) a face shield with a drape (per CDPH guidelines) will be used instead of a face covering while in the classroom as long as the wearer maintains physical distance from others.

Physical distancing

- a. Recent evidence indicates that in-person instruction can occur safely without minimum physical distancing requirements when other mitigation strategies (e.g., masking) are implemented. This is consistent with CDC K-12 School Guidance.

Recommendations for staying home when sick and getting tested:

- a. NHA will advise all families to follow the strategy for Staying Home when Sick and Getting Tested from the CDC.

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b. NHA will advise staff members and students with symptoms of COVID-19 infection not to return for in-person instruction until they have met CDPH criteria to return to class for those with symptoms:

- i. At least 24 hours have passed since resolution of fever without the use of fever-reducing medications; and
- ii. Other symptoms have improved; and
- iii. They have a negative test for SARS-CoV-2, OR a healthcare provider has provided documentation that the symptoms are typical of their underlying chronic condition (e.g., allergies or asthma) OR a healthcare provider has confirmed an alternative named diagnosis (e.g., Streptococcal pharyngitis, Coxsackie virus), OR at least 10 days have passed since symptom onset.

Hand hygiene

- a. NHA will promote hand washing throughout the day, especially before and after eating, and after using the toilet. NHA will provide access to hand sanitizer in all classrooms for student and staff use.

Cleaning

- a. All facility will be thoroughly cleaned between weekly class sessions.